

# CROSS COUNTRY NEWSLETTER

## Cross Country Presentation Day

### Special points of interest:

- Presentation Day  
Come along and have FUN
- Crazy Dress and Wacky Hair  
Cross Country race
- Lachlan Tyndal runs a fantastic race
- Trivia Night
- Raffle Tickets

**When :**  
SAT 6th AUGUST

**Time :**  
11.00 am

**Where :**  
The Messerle's  
Yarra Glen  
Winery—Bowens  
70 Smedley Lane  
Yarra Glen

Melway 267 E4

The Centre really appreciates the Messerle's offer to hold the presentation at their home.

A big thank-you from the Committee and all members of the Centre

A BBQ will be provided on the day along with Tea & Coffee.

Please BYO Drinks, Nibbles etc

Ice Cream and basic drinks will be provided for the kids

BYO Chairs

**PRESENTATION DAY IS A FAMILY FUN DAY**

**SO ALL COME ALONG AND CELEBRATE ANOTHER FANTASTIC CROSS COUNTRY SEASON**

### KIDS !!!!!!!!

### CRAZY CROSS COUNTRY

There will be a race on the day.

This will be a FUN Event.

It is a "CRAZY" event.

So wear something **WACKY** or have **CRAZY HAIR** or do both.

Parents are welcome to dress up and race.

(No Fairy costumes please Paul!!)



**CRAZY DRESS UP DAY**

**WEAR SOMETHING WACKY!**

**DO YOUR HAIR WACKY!**

## Web Site Launch

WE ARE ON THE WEB	PLEASE VISIT US <a href="http://www.lyrlac.org.au">www.lyrlac.org.au</a>	Email to <a href="mailto:info@lyrlac.org.au">info@lyrlac.org.au</a>
OUR BRAND NEW WEB SITE IS UP AND RUNNING	WE ARE STILL UNDER CONSTRUCTION	This is our web site so please support it
	ANY IDEAS PLEASE FORWARD TO US	

### Inside this issue:

Presentation Day	1
We are on the Web !!	1
Well Done Lachlan	2
Trivia Night	2

Lilydale & Yarra Ranges Little Athletics Centre

L&YRLAC  
P O Box 705  
Lilydale  
Victoria 3140

Phone: 03 9739 5052  
Fax: 03 9727 3561  
E-mail: enquiry@lyrlac.org.au  
Web: www.lyrlac.org.au



..... Family, Fun & Fitness

**WELL DONE LACHLAN**

One of our athletes Lachlan Tyndal competed in a half marathon race at Sandringham on 17th July.

Lachlan ran a fantastic race and finished 1st in the 15 to 17 year old age group and a very credible 127th out of 683 competitors overall.

An "old bloke" Tony Dell also ran in the race.

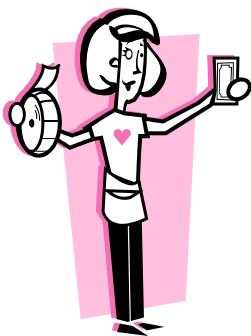
I believe he is still finishing !!!!!

No seriously, well done Tony

**STATE CROSS COUNTRY  
CHAMPIONSHIPS ON  
SATURDAY 31ST JULY AT  
HANGING ROCK**

**Remember our  
Web Site  
www.lyrlac.org.au  
Please visit us !**

**TRIVIA NIGHT**



**LET'S GET  
THOSE  
TICKETS  
SOLD**

The **SOcial** EVENT of the year is fast approaching.  
Our Trivia Night is on Saturday 20th August  
**STARTS AT 7.00 PM**  
**BE THERE ON TIME— YOU'D WOULD NOT WANT TO MISS THOSE VITAL EARLY QUESTIONS.**  
The competition is sure to be very "hot". The pre-competition trash talk is already running thick and fast!

**RAFFLE TICKETS**  
We still have many tickets to sell  
Please do your best to sell as many as you can!!  
\$10 is a small price to pay for fantastic odds of 65 to 1 to win a major prize.  
Please keep in mind all proceeds are for the Kids  
**Let's get all tickets SOLD**

**TABLES**  
There are still some tables available.  
If you haven't yet decided to come along then please consider it.  
Get a Table together!!  
Or come and join others on a Table  
**Please see Sue Owens or give her a call on 9727 3620**