



Attention: Coaches & assistant coaches / LAV Centre Coaching coordinators/ AV Club Coaching coordinators/ athletes/ parents / PE teachers

Hi Everyone,

Please see the attached flyer for the **September 3rd ATFCA Winter Workshop Series** (#4, 2011).

There will be 4 separate sessions available for your professional development.

These include

- 1. Motivation**
- 2. Distance Running**
- 3. Shot Put**
- 4. Sprint relay events**

*Our celebrity guest presenter is **Olympian Tony Benson ASM**, level 5 Senior Coach, Olympic Games Team Coach, national coach, a person widely regarded as a genuine guru of the distance events*

Re. advertising

If you would like to add contacts to receive these bulletins, please advise. An email address is sufficient.

E.g. AV Club and LAV Centre coaching coordinators, local coaches and assistant coaches, club secretary, P.E. and Sports teachers, athletes, parents, etc.

Re. Support

*Please note that these **Australian Track and Field Coaches Association** programs are actively supported by **Athletics Australia** and **Little Athletics Victoria**.*

Working together to support and advance our sport.

*Bryan R. Neighbour
ATFCA Coach Education Coordinator (VIC)*